

RINK SAFETY AND ETIQUETTE GUIDE

Ice skating is fun but like all sports, skaters and spectators need to take care to ensure their own safety and that of others around them, particularly with regard to reducing the risks of falls and collisions with other people or objects. Here are some simple do's and don'ts to help you your safety and to enjoy yourself.

Do's

- ✓ Make sure your boots are correctly laced
- ✓ Secure all loose articles and clothing
- ✓ Wear gloves whilst skating
- ✓ Skate in an anti-clockwise direction
- ✓ Obey all signs and instructions from the rink staff
- ✓ Maintain control of your speed and direction whilst skating
- ✓ Take care when passing by other skaters or objects
- ✓ Leave the rink whilst any resurfacing or maintenance work is taking place
- ✓ Show consideration for other rink users

Don'ts

- ✗ Don't go on the ice in any footwear except ice skates
- ✗ Don't carry children on the ice
- ✗ Don't skate whilst under the influence of alcohol, drugs or medication
- ✗ Don't smoke, eat or drink whilst on the rink or in the surrounding area
- ✗ Don't attempt to skate beyond the limits of your ability so that you put yourselves or others at risk
- ✗ Don't leave any objects or litter on the ice
- ✗ Don't sit, climb or put your feet on the barriers

You skate entirely at your own risk

You are required by law to follow these safety notices. The management reserve the right to refuse admission to the rink if we feel your actions may present a risk to yourselves or other skaters.

